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May 12, 2021

Dear Families,

The end of the school year is upon us and summer is within reach! This means that our SOTH staff is working to finalize summer schedules. This year, our summer schedule will start **Monday**, **June 28**. Our school year schedule will start **Monday**, **August 30**. While summer is a time for a break from school, our weekly therapy sessions continue to ensure consistent progress with therapeutic goals for our patients. We understand that you might have family commitments and travel plans that will impact your child's therapy schedule. Therefore, we would like to offer a few options to you for the summer.

After reflecting on your scheduling needs for the summer, please email your child's therapist and copy either Nancy (DC- sothdc@skillsonthehill.com) or Katie (VA- sothva@skillsonthehill.com) so the team is aware of the following information:

- The option number chosen by your family
- If applicable, preferred days/times for scheduling recurring appointments
- If known, the dates of vacation/time off so they can be reflected in our schedule

Unvaccinated clients must account for time required to stay out of the clinic as outlined by SOTH COVID policies. If clinically appropriate, these sessions should be transitioned to teletherapy. For reference:

- In accordance with DC mandate, after any out of area travel (outside DMV) a negative test is required 3-5 days after return to the DC area OR a 10-day quarantine
- SOTH requires a negative test after 3-5 after a flight on a plane or a 7-day hold on in person services

The team will confirm your summer schedule plans and will offer available timeslots that fit with your scheduling needs.

Please note that if a client forgoes individual sessions during the summer due to participation in SOTH groups, they are still considered an "active client" and will get priority scheduling for the school year.

Sincerely,

The SOTH Staff

## **SOTH Summer Options**

## Option 1: WE WILL BE IN TOWN/AVAILABLE THE WHOLE SUMMER

- Continue with the frequency of weekly sessions as currently scheduled
- If your current time is not ideal, then the team can work with you to see if there is an alternative time available
- You will be considered an "active" client and will get priority for school year scheduling if recommended

# Option 2: WE WILL MISS NO MORE THAN TWO SESSIONS THIS SUMMER

- Continue with the frequency of weekly sessions as currently scheduled, and attempt to reschedule any anticipated missed appointments with your therapist. To choose this option, no more than 2 sessions can be missed over the summer, but they can be rescheduled.
- If your current time is not ideal, then the team can work with you to see if there is an alternative time available
- Although the treatment time does not need to be consistent, >75% of sessions need to occur during a timeslot to keep the timeslot.
- You will be considered an "active" client and will get priority for school year scheduling if recommended
- You must inform the team of days you will be on vacation asap

#### Option 3: WE WILL MISS THREE OR MORE SESSIONS THIS SUMMER

- You will be put on a "flex" schedule for the summer and we can propose session options that are available week by week (may be different days/times)
- Please note you may be placed on another therapist's schedule as availability is limited
- You will still be considered an "active" client and will get priority (after the weekly scheduled clients) for school year scheduling if recommended
- You must inform your therapist of days you will be on vacation asap

### Option 4: WE ARE UNABLE TO COMMIT TO SUMMER THERAPY

- You will be considered an "inactive" client
- If you and your child's therapist determine therapy should resume during the school year, we will contact you in late July/early August to schedule your child for weekly sessions after all active clients have been scheduled.
- We are unable to guarantee you will be placed on your current therapist's schedule, but we will try our best!